North St. James Town
Who Are We?

Population Profile

- Total Population: 17,825
  - Male: 51.9%
  - Female: 48.1%

Lone Parent Families

- North St. James Town: 38.5%
- Lowest Neighbourhood: 19.3%
- Highest Neighbourhood: 51.7%

Seniors Living Alone

- North St. James Town: 49.6%
- Lowest Neighbourhood: 26.8%
- Highest Neighbourhood: 54.5%

Health Status

- Diabetes (Ages 20+): 11.6%
- Asthma (Ages 20+): 10.3%
- High Blood Pressure (Ages 20+): 19.9%
- Mental Health Visits (Ages 20+): 9.2%
- COPD (Ages 35+): 9.9%

Neighbourhood Highlights

- Lower proportion of seniors (7.9%), but relatively higher proportion of seniors living alone (49.6%)
- Highest immigrant population (54.2%) along with the highest proportion of recent immigrants (34.8%) among the Mid-East Toronto neighbourhoods
- Second largest proportion of visible minority population in the sub-region (65.2%)
- Relatively high proportion of residents living with low income and lower proportion of residents with post secondary education compared to Toronto Central LHIN
- 2% of the population speak French as their mother tongue
- 1 Homeless shelter with 11 beds
- Prevalence rates for diabetes, high blood pressure and COPD is higher than the sub-region and Toronto Central LHIN rates (785.9)
- High utilization of ED for low urgency visits for ages 0-19
- Low screening rates along with low continuity in primary care

For more information about the neighbourhoods and sub-regions, including data sources, please visit www.torontocentrallhin.on.ca/forhsps/subregions

North St. James Town is bounded by Bloor St. E to the North, Parliament St. to the East, Wellesley St. to the South and Jarvis St. to the West.
**North St. James Town**

**How Do We Use Our Health System?**

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**One out of every 4 people (Age 19+) in North St. James Town have low continuity of Primary Care**

North St. James Town residents have a lower percentage of Alternative Level of Care (ALC) days for all ages and seniors compared to the Toronto Central LHIN average.

- **% ALC Days (All Ages)**: 7.6% (North St. James Town), 14.0% (Toronto Central LHIN average)
- **% ALC Days (Ages 65+)**: 18.1% (North St. James Town), 18.2% (Toronto Central LHIN average)

**About one out of 2 eligible women in North St. James Town get regular Mammogram Screening.**

**Two out of 5 eligible women get regular Pap Smear Screening.**

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**85.1 hospitalizations occur per 1,000 residents** in North St. James Town.

### Hospitalization Rates

- **Inpatient Rate of Hospitalization for All Conditions (per 1,000)**: 54.6 (North St. James Town), 85.1 (Toronto Central LHIN average), 123 (Toronto Central LHIN)
- **Inpatient Rate of Hospitalization for Mental Health Conditions and Ambulatory Care Sensitive Conditions** compared to Toronto Central LHIN.
  - **Inpatient Rate of Hospitalization for Mental Health Condition (per 100,000)**: 333.2 (North St. James Town), 915.4 (Toronto Central LHIN average), 2,166.2 (Toronto Central LHIN)
  - **Inpatient Rate of Hospitalization for Ambulatory Care Sensitive Conditions (per 100,000)**: 110.4 (North St. James Town), 284.4 (Toronto Central LHIN average), 416.1 (Toronto Central LHIN), 950.0 (Toronto Central LHIN)

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**Children and Youth (ages 0-4 and 5-19) in North St. James Town have the highest rate of low urgency Emergency Department visits in the Mid-East Toronto sub-region.**

- **Low Urgency ED Visit Rates (All Ages):** 64.2 (North St. James Town), 92.4 (Toronto Central LHIN average), 107.2 (Toronto Central LHIN), 151.6 (Toronto Central LHIN)
- **Low Urgency ED Visit Rates (Ages 0-4):** 173.3 (North St. James Town), 370.7 (Toronto Central LHIN average)
- **Low Urgency ED Visit Rates (Ages 5-19):** 90.8 (North St. James Town), 106.1 (Toronto Central LHIN average), 138.5 (Toronto Central LHIN)

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**Top 10 Hospitals for Emergency Department Visits by North St. James Town Residents, FY2015/16**

- **St. Michael’s Hospital**
- **University Health Network**
- **Hospital for Sick Children**
- **CAMH**
- **Michael Garron Hospital**
- **Sunnybrook Health Sciences Centre**
- **North York General Hospital**
- **Humber River Regional Hospital**
- **St. Joseph’s Health Centre**
- **Others**

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**In Mid-East Toronto sub-region, the proportion of select community services delivered in Toronto Central LHIN and being used by its residents are:**

- **28%** of the people who receive mental health case management services reside in Mid-East Toronto sub-region*.
- **13%** of the people who receive addictions treatment-substance abuse reside in Mid-East Toronto sub-region*.
- **11%** of the people who receive CCAC services by personal support workers in Toronto Central LHIN reside in Mid-East Toronto sub-region.

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*Limitations of CBI data include:
- Data only includes HSPs currently uploading to CBI
- Some client records are missing postal codes
- Toronto Central LHIN residents who access services in other LHIN’s are not captured

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**North York General Hospital**

- **St. Michael’s Hospital**
- **University Health Network**
- **Hospital for Sick Children**
- **CAMH**
- **Michael Garron Hospital**
- **Sunnybrook Health Sciences Centre**
- **North York General Hospital**
- **Humber River Regional Hospital**
- **St. Joseph’s Health Centre**
- **Others**

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**Need more data in CBI to cut this by neighbourhood populations**